

2022 ANNUAL REPORT

mIRCI

UPHOLDING
MENTAL HEALTH



Impact At-A-Glance

From psychiatric care, behavioral health services and supportive housing, to an outreach center that helps meet essential needs, Mirci's mission remains providing wrap-around care to people in the Midlands experiencing the adverse effects of mental illness.



Essential Needs >



Behavioral Health >

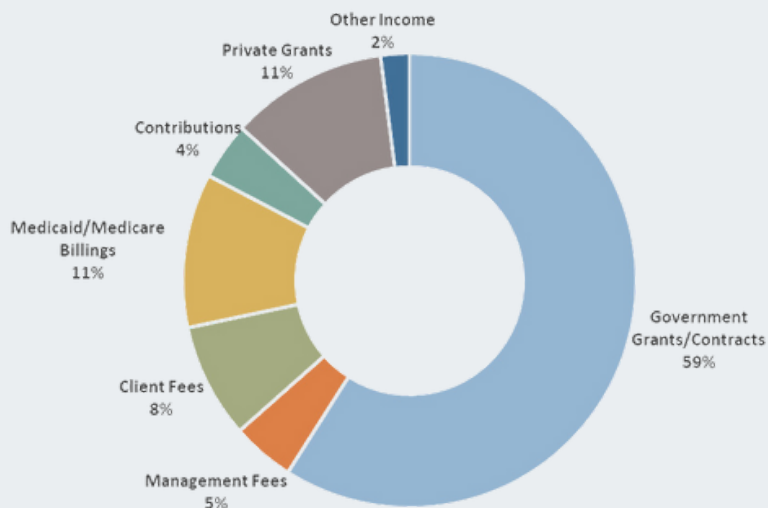


Supportive Housing >

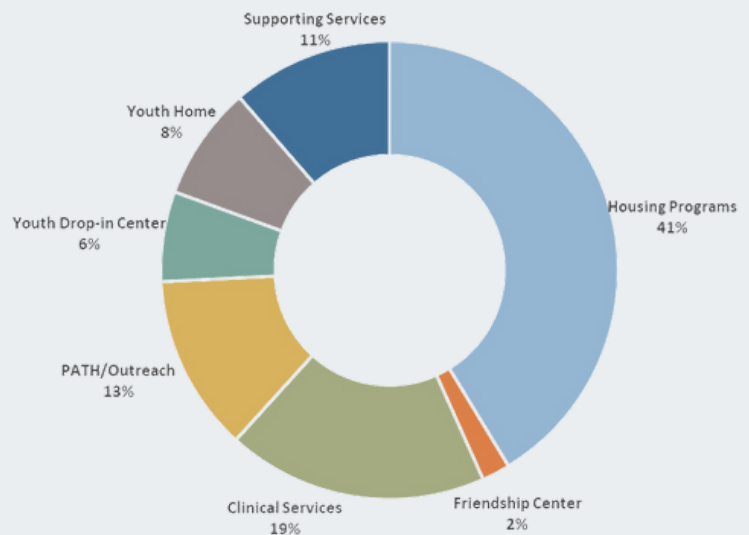
Recent impact of services:

- Outreach engaged 1,033 adults and 204 youth
- 336 patients received behavioral health services; 92% made progress on their plan of care goals
- 299 received subsidized, supportive housing; 87% remained housed 12 months or more
- 20 youth were served in the transitional home; 47% stayed at least 6 months

2022 REVENUE SOURCES



2022 EXPENSES





UPHOLDING
MENTAL HEALTH

2022 Community Cost-Savings Analysis

Mental Illness Recovery Center, Inc. has a rich history of improving the overall personal health and wellbeing of individuals who participate in our housing and clinical programs.

Annually, Mirci partners with the SC Department of Revenue and Fiscal Affairs (RFA) to match de-identified client data with the use of inpatient and emergency department services. An RFA-generated report analyzes the overall reduced need for local medical resources. The substantial benefits and community cost-savings are summarized as follows:

72%

Reduction in inpatient hospitalizations related to mental illness/substance use services during the year after enrollment.

66%

Reduction in emergency department visits due to mental illness or substance use.

75%

Reduction in visits due to schizophrenic disorder, the most common mental-illness related reason for emergency department use.

Psychiatric specialty inpatient hospitalizations dropped by **67%**.

The average length of all inpatient hospital stays dropped **51%**, from 14.8 to 7.2 days.

Emergency department visits dropped **35%** for physical illness and **40%** for physical injury.

These statistics result in **\$5.6M** fewer health care costs one year post-Mirci enrollment.

The number of inpatient hospitalizations related to physical illness and injury increased 44% post-Mirci enrollment. This is consistent with last year's report. Reasons for these hospitalizations included diabetes, pneumonia and other respiratory diseases, hypertensive heart disease, and renal failure. The increase may be related to continuing impact of COVID-19 and health conditions related to aging. Many Mirci residents have been housed for years and an increasing number have required intensive treatment for chronic conditions.

For the complete report, contact us at mail@mirci.org.

Follow: @mircisc



LEO'S ODYSSEY

As a child growing up on a family farm north of Tallahassee, Leo learned how to repair pretty much anything with whatever materials were at hand. His self-sufficiency and adaptability helped the 45-year-old Air Force veteran survive 10 years without a home.

“After I got out of the Air Force, I went to work for a carnival,” Leo said. “During the seven months the carnival was traveling, I was able to sleep in a bunk house. But the other five months of the year, I would sleep wherever I could find.”

The carnival that employed Leo was stationed at Dutch Square in Columbia just as the pandemic shut everything down. Leo lost his job, and, lacking transportation, found himself stranded.

He stayed in several emergency shelters, but the environment felt overstimulating to him; he wasn't comfortable having to talk to people constantly. Eventually, he moved into a parking garage, and later, into a friend's garage.

The years-long struggle for shelter added paralyzing anxiety and depression to Leo's existing health conditions, which included mild autism, learning disabilities, and a severe and persistent mental illness.

“People sometimes think that people who are homeless are carefree,” he said. “But that is so far from the truth. You're always wondering if you will be able to get something eat and if you'll be attacked or even murdered while you sleep.”

Leo first came to Mirci's Outreach Center for help in the Spring of 2022.

“At the time he was pretty unstable,” said Dianne Miller-Fields, Mirci's Director of Outreach and Benefits. “We arranged for him to see one of our psychiatrists. As is often the case, as soon as he began taking the right medication, he was fine.”

After Leo's efforts to find housing through another agency failed, Miller-Field's team reached out to Rapid Shelter Columbia to get him placed in temporary housing. Operated by the City of Columbia, Rapid Shelter's pod of 50 pallet units allow each person to sleep in their own space, which worked well for Leo. Before he reached the three-month limit for a stay in the city-run facility, Mirci found him a permanent apartment.

On move-in day, as Mirci Housing Support Specialist LaTonya Benjamin showed him around his furnished, one-bedroom home, Leo asked her, “How long can I stay in this apartment?”

“I told him, this is permanent housing, you just have to follow the lease agreement,” Benjamin said.

Leo raised his hand in the air saying “thank you Jesus.”

“It feels amazing, just amazing to be able to shut the door,” he said a few days later. “I haven't slept this well in years. It's really been the best sleep of my life.”

