

The image features a stylized landscape with rolling hills in shades of blue, orange, and green. The MirCi logo is positioned in the upper left, and the tagline 'UPHOLDING MENTAL HEALTH' is to its right.

mirCi

UPHOLDING
MENTAL HEALTH

Mirci in Bloom

With a mission for all seasons, we work toward creating a lasting Spring.



In recognition of Counseling Awareness Month, Mirci joins the American Counseling Association in supporting the need for our clinicians to maintain their personal wellness and enjoy a balanced life.

Clinical services team member, Janet Petrino, shares "To care for my physical and mental health, I like to go for long walks, travel, watch the sunset, go to the beach, and spend time with family and friends. These self-care activities help enhance my mind, heart, and body to be in the best condition possible. I can best serve my clients when I am the best version of myself!"

National Volunteer Week, April 16-22, provides an extra opportunity to express our gratitude to those who share their time and talent to support our mission.

Mirci supporter, Holly Monroe, recently donated travel pouches containing new socks and toiletries for use by our outreach team. Whether you serve on our Board of Directors, have coordinated a supply drive, or help with the upkeep of our properties...



THANK YOU to all of our valued volunteers!

Upcoming Events



Hosted by the Central Carolina Community Foundation, Midlands Gives is happening now! Thanks to the kindness of our supporters, Mirci has received anonymous matching funds for the first \$21,000 received.

Make a donation [here](#) by May 2 for your generosity to have an even greater impact, and to help reach our overall goal of \$42,000!

Let's TACO 'bout it.

Taneyhill's Group Therapy in 5 Points has graciously chosen Mirci as the charity to support during their inaugural Taco Therapy contest. The event will be held on Saturday, April 29 from 12pm to 8pm at the Block of 2100 Greene St and 800 Pavillion Avenue.

Guests will have the opportunity to sample entries from the city's best taquerias, food trucks, and restaurants, and cast their votes for their favorite tacos. Come enjoy an afternoon of friends, food, and fun!



Tickets on sale now!

52

WINDOWS
AN EVENING OF ART

MIRCI.ORG/EVENTS

May 18 | 701 Whaley | 6-9pm

Our most anticipated event of the year is *one month* away and tickets are selling fast!
Don't miss the live music, heavy hors d'oeuvres from Aberdeen Catery, open bar,
and exclusive work from talented local artists.

[Click here to get your tickets today!](https://mirci.org/events)



[Donate one of our most needed items.](#)



For questions about volunteering, hosting a supply drive, or coordinating a fundraiser, please email: mail@mirci.org



Recently awarded the Candid Platinum Seal of Transparency, gifts to Mirci can be made with trust and confidence [here](#).

Follow us on Facebook, Twitter and Instagram!



Our Contact Information

{{Organization Name}}
{{Organization Address}}
{{Organization Phone}}
{{Organization Website}}

{{Unsubscribe}}

