



2021 ANNUAL REPORT

Mirci creates pathways to recovery for individuals who are experiencing or at risk for mental illness and who are vulnerable to the adverse consequences of mental illness. We provide behavioral healthcare, outreach services and affordable housing options.

MIRCI Programs

Housing

MIRCI provided permanent supportive housing to 318 people with mental illness.

Behavioral Healthcare

- MIRCI provided long-term, intensive, community-based clinical services (counseling, medication management, psychiatric care) to 302 people.
- 94% of clients made progress on their 'plan of care' goals.

Street Outreach

Mirci's street outreach teams go out each day to visit people in Richland and Lexington counties who are experiencing homelessness. The teams engaged 588 people in 2021. Many of those people ended up applying for services.

Youth Home

- Since 2018, 40 at-risk youth have lived our supportive transitional youth home.:
- 78% exited with a high school diploma or GED
 - 91% left with stable employment and/or vocational training
 - 94% reported improved physical, emotional and/or mental well being at exit.
 - 94% left with at least one supportive adult relationship established.

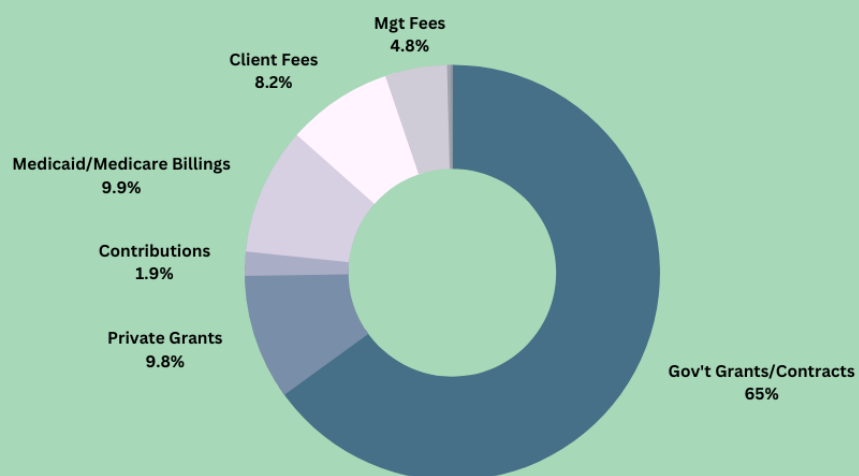
Healthcare System Savings

The S.C. Department of Revenue and Fiscal Affairs (RFA) Office tracks inpatient hospitalizations, emergency room visits and state agency health and human services. The RFA links that data with privacy-protected Mirci client data to gauge the reduction in hospital use and cost savings to hospitals directly related to Mirci's client care. Here are this year's results for clients one year after enrolling in Mirci's services:

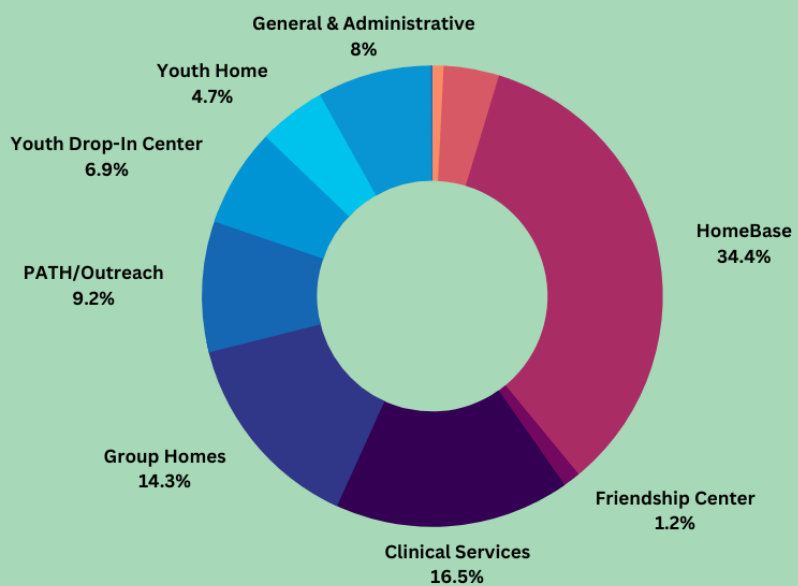
- Hospitalizations dropped by 41%.
- Hospitalizations related to mental illness or substance use disorder dropped by 69%.
- Emergency Department visits where mental illness/substance use was the primary reason dropped by 56%.
- Schizophrenic disorder-related visits to the Emergency Department dropped by 56%.
- Specialty psychiatric hospitalizations dropped by 73%.
- Total charges in the year following Mirci enrollment were almost \$5.7 million less than charges in the year prior to Mirci enrollment for this group of clients.

FINANCIALS

REVENUE SOURCES



Expenses



Stories Worth Sharing

With Mirci's Help, Dayshawn is Overcoming Trauma, Building a Stable Life and a Promising Future



From a very young age, Dayshawn felt unsafe in his own home. His parents physically and emotionally abused one another; one even drew a weapon on the other. Eventually, the S.C. Department of Social Services removed Dayshawn and his younger sister from the family home. The siblings lived in foster care for a while, until their maternal grandmother offered to adopt them and give them a home.

My grandmother, she had a caring heart, and I won't say things were perfect, but overall, she was a very respectable woman, a great cook, and she kept a clean house," Dayshawn, who is now 24, said.

He and his sister progressed in school for several years. Then one morning, when he was a sophomore in high school, life threw a devastating curveball.

"My grandmother liked to walk to the store for a coffee every morning," Dayshawn said. "I'd look out for my younger sister, make sure she was getting ready for school while my grandmother was out of the house. But that morning, my grandmother didn't come back at the normal time. I knew...I had a feeling something was wrong. There was a knock on the door. It was a neighbor telling us that our grandmother had been struck by a car walking to the store."

At the hospital that day, the sight of his grandmother shocked Dayshawn to his core.

"You know how cotton candy looks, how puffed out it is...that's what I thought about when I saw her," he said. "My grandmother was so swollen from the accident, you couldn't even tell it was her."

In a coma, his grandmother showed gradual signs of recovery over time, but she ultimately passed away a year later in a nursing home. After the accident, Dayshawn and his sister had to move yet again, to a new home with his aunt and her family - and a new school. He appreciated his aunt's kindness, but Dayshawn found switching schools to be incredibly stressful and lonely at an already difficult time. Still, he persevered and earned his diploma.

"I wanted so much to graduate and get a job so I could move into my own place," he said. "But people don't tell you how hard it is to find a job sometimes. I struggled for a year, and I developed pretty bad depression and anxiety."

All the past trauma in his life, combined with the uncertainty of his present and the sense of having no control over anything, made Dayshawn feel very unsafe, as he did as a child. More than anything, he needed and wanted stability. But he had a hard time imagining how things could ever change.

Eventually, his perseverance and faith paid off - a deli hired Dayshawn. But the salary was not enough for him to afford a place to live. Dayshawn had learned about Mirci through an acquaintance. A few years earlier, he had visited the Mirci Youth Outreach Center and met some of Mirci's youth counselors. He found out that Mirci had just opened a supportive home for at-risk young men, and he saw it as a possible lifeline - a way forward. He applied to the program and was accepted.

Dayshawn lived at the male youth home for 16 months.

"I had a sense of what living in the home might be like because I could see the kind of people who were on Mirci's staff," he said. "Once I moved into the youth home, I felt safe. Living there gave me a chance to learn how to be independent. I learned how to cook, and I really enjoyed the group therapy sessions and talking over things regularly with a counselor."

Like everybody else who lived in the 10-resident home, Dayshawn did chores and had to be in at certain times. He said that learning to live in harmony with other young men from various backgrounds, and with different personalities and mental health diagnoses taught him patience and honed his coping skills.

"I enjoyed living there and was cool with everyone," Dayshawn said. "At the end of your stay there, Mirci refunds the monthly fee you paid, so you actually leave with some savings."

Dayshawn has since moved from the youth home into more permanent supportive Mirci housing. He now has his own one-bedroom apartment and continues to see his mental health counselor and a Mirci psychiatrist regularly. After working at the deli for several years, he was excited to get a better job in retail. Now that he's in a stable home with a job he likes and a strong support network on his side, he's contemplating going to Tech or college.

"I'm still overcoming things, working through things, but today I see myself succeeding in life," Dayshawn said. "Mirci has made a huge difference to me, as has my church family and my aunt and grandma who gave my sister and me a home. I'm working on rebuilding a relationship with my parents. I can see my life going places."

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