Happy Thanksgiving - From Your Friends at Mirci!

This Thanksgiving, we're so grateful for your support of Mirci and your continuing interest in the services we provide and the clients we serve. Thank you!

We've been in the holiday spirit for weeks now thanks to clients in our therapeutic group at the Mirci Friendship Center. They decorated our clinic with seasonal bulletin board displays and celebrated Thanksgiving





early on Nov. 9th with a delicious traditional turkey dinner.

More than 240 Mirci clients can look forward to a a beautiful Thanksgiving day feast delivered to their homes thanks to the generosity of sponsor Humana Healthy Horizons in South Carolina. Thank you, Humana!

We hope you you have a warm and comforting holiday.



A Few Tickets Left - Join Us for *Merry Mirci Holiday* - Thursday, Dec. 1st!

Join us for *Merry Mirci Holiday!* Our relaxed and casual wine tasting/food pairing event will be held from **6-9 p.m.**, **Thursday**, **Dec. 1st**, at <u>The Hall at Senate's End.</u>

Sample up to **24 different wines f**rom Italy, France, the U.S. and South America, enjoy delicious food from **Dupre's catering** and listen to jazz standards and holiday sounds performed by **some of the Midlands' finest musicians**.

Local wine experts **Mike Wine Guy**, producer of the *Ride Between the Wines* podcast, and **Dr. Sandy Strick**, director of the Wine and Beverage



Institute at USC's School of Hotel, Restaurant and Tourism Management, will offer tips on pairing wines at your own holiday gatherings. If you like any of the wines you sample, you will be able to order them that evening.

The event will also feature a **silent auction and wine raffle.** The dress code is everything from jeans to business casual or cocktail attire. The mood is relaxed, casual and fun!

All funds raised will support Mirci's wraparound care that helps people in the Midlands navigate the emotional uncertainty of mental illness.

Click here to purchase your tickets to Merry Mirci Holiday!

Please Consider an End-of-Year Gift to Mirci

Kick off your holiday season with a spirit of giving while saving on your income taxes. Whether you donate to Mirci online on **Giving Tuesday** (the Tuesday after Thanksgiving) or at any point before the end of the calendar year, your donation will help Midlands residents who are navigating the emotional uncertainty of mental illness to find a way forward in 2023.

You can make your gift by mailing a check to Mirci, 1408 Gregg Street, Columbia, SC 29201, or by clicking the link below. Thank you for whatever you are able to do!

Donate to Mirci on Giving Tuesday - or any day - by clicking here

Mirci Employees Honored for Excellence!



In November, we recognized and honored Mirci Operations Director Rhonda Clark, winner of our annual Bobby Monts Employee of the Year Award for 2022.

The award honors exceptional Mirci employes who demonstrate dependability, maintain friendly, caring, professional relationships with their peers and clients, and go well beyond the minimum in their day-to-day tasks.

Finalists from each department were also honored. They include Adult Outreach Coordinator Terrance Bannister, Case Manager Josie Deshong, Senior Accountant Tianda Winns and Youth Team Lead Emily Beer.

Congratulations to all and well-deserved!













Thank You, Parrish Family Foundation!



Thanks so much to the Parrish Family Foundation for its very generous \$10,000 grant to Mirci to support our youth outreach. We really enjoyed meeting the Parrish family and board members at a Foundation-sponsored reception in late October. Shown I-r are Ed Parrish, Taylor Spreeuwers, Mirci Chief Operating Officer Anita Floyd, Hope Whitesides, Adam Parrish and Cyndi Parrish.

Why Mirci?

Mirci donor Rick Widdifield, a retired IT professional who now works as a yoga instructor, shares why for the past eight years, he has supported Mirci with generous annual gifts:



"When I attended college back in the late 1960s, I was hoping to become a musical therapist, someone who uses music to help people improve their mental health. I actually became a music therapy trainee, but I soon found that I had no clinical aptitude.

I had trained with computers in the Navy, so instead of becoming a therapist, I ended up working as a software development manager for the South Carolina Department of Mental Health. I was there for more than 37 years.

That's where I first heard about Mirci. People I knew at the agency, people I respect greatly, said very good things about Mirci, and that got my attention and aroused my curiosity. Since then, the more I've learned about Mirci, the more I appreciate its effectiveness.

I'm retired from my first career, but I still have a passion for mental healthcare. I really enjoy being a part of Mirci through my financial support."



For questions about volunteering or hosting a supply drive or fundraiser, please email: mail@mirci.org



Donate one of our most needed items.



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