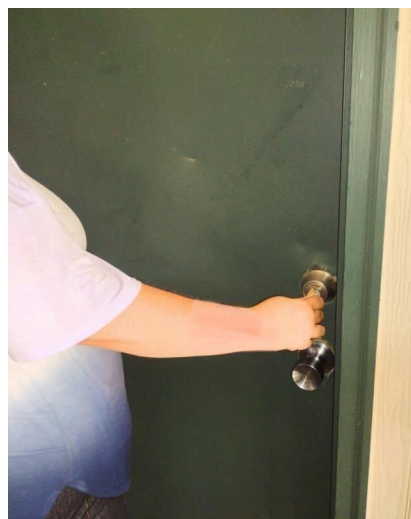
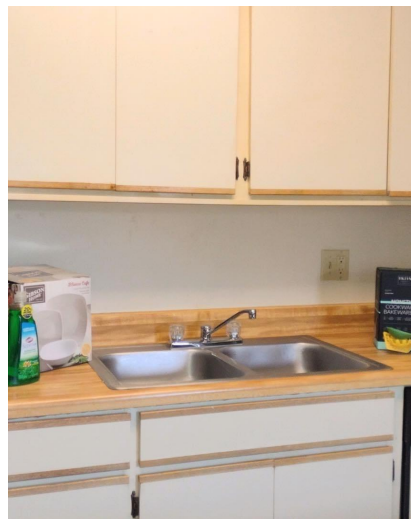


mIRCI

UPHOLDING
MENTAL HEALTH

Summer in Soda City

Community collaboration ensures individuals continue to access essential needs during the sweltering Columbia summer.





A place to call home is a critical component of the journey to mental wellness. Thanks to our community partners and dependable donors, another Midlands citizen has gained access to safe, supportive housing.

A Corporation That Cares

Columbia carpet designer and manufacturer, Shaw Industries Group, Inc., raised support for Mirci in honor of Mental Health Awareness Month. Employees had the opportunity to purchase ribbons to display on the fence outside the plant, resulting in an \$800 contribution toward our mission!





Communication is Key



Mirci staff always enjoy the opportunity to be a resource to other organizations on topics including our mission, trauma-informed care, and benefits.

Thank you to Midlands Area Consortium for the Homeless and Lexington Medical Center Foundation for recently inviting us to speak!

Current Observance: BIPOC Mental Health Month

Strong community support requires an overall understanding that every person deserves a healthy environment and plays a role in the wellness of those around them.



DOWNLOAD THE BIPOC MENTAL HEALTH
2023 TOOLKIT: [MHANATIONAL.ORG/JULY](https://mhanational.org/july)

Black, Indigenous, and people of color (BIPOC) populations are faced with disproportionate amounts of historical trauma and displacement that can challenge their ability to thrive in their environments. Our lives are deeply intertwined with our environments, and these surroundings impact our mental health and overall wellness. Learn more about this issue and Mental Health America's initiatives to better connect us [here](#).

Save the Date!

Our annual wine pairing event, Merry Mirci Holiday, will be held Thursday, November 30. More details coming soon!



Ways to Stay Connected



[Donate one of our most needed items.](#)



For questions about volunteering, hosting a supply drive, or coordinating a fundraiser, please email: mail@mirci.org



Recently awarded the Candid Platinum Seal of Transparency, gifts to Mirci can be made with trust and confidence [here](#).

Follow us on Facebook, Twitter and Instagram!



Our Contact Information

{{Organization Name}}
{{Organization Address}}
{{Organization Phone}}
{{Organization Website}}

{{Unsubscribe}}